Proving indispensable
to those who care

SOLO Pessary
User Guide



HallmarkSurgical™

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Ring Pessary

The Ring pessary is primarily used for a mild, first degree uterine prolapse. The Ring pessary with membrane can also be used for an accompanying cystocele. It is available with or without membrane.

Mild 1st degree prolapse **Cystocele (with membrane)**

With or without membrane

Ring with Knob Pessary

The Ring with Knob pessary is indicated for a mild cystocele accompanying a mild uterine prolapse, and may also relieve urinary incontinence. It is available with or without membrane.

Mild prolapse **Mild cystocele** **Urinary incontinence**

With or without membrane



Cerclage Pessary

The Cerclage pessary is a bowl-shaped pessary that sits around the cervix. It is used during pregnancy to support the cervix in women at risk of preterm birth, such as those with a short cervix or cervical insufficiency. It may also be used for a mild uterine prolapse.

Cervical support in pregnancy **Mild prolapse** With or without drain



Gellhorn Pessary – Long Stem

The Gellhorn pessary has a drain and provides effective support for a cystocele or rectocele. It is used for second to third degree uterine prolapse or procidentia. The base folds for insertion, and the stem with knob can be grasped to aid removal.

2nd–3rd degree prolapse **Procidentia** **Cystocele** **Rectocele**

Stem height 41mm



Gellhorn Pessary – Short Stem

The Gellhorn Short Stem pessary has the same drain and indications as the Gellhorn pessary. Its shorter stem (28mm, compared with 41mm) may provide a better fit for some patients.

2nd–3rd degree prolapse **Procidentia** **Cystocele** **Rectocele**

Stem height 28mm



Donut Pessary

The Donut pessary is used for a second to third degree uterine prolapse as well as a cystocele. Its rounded, space-filling shape can help when other pessaries are not retained. The Donut pessary must not be autoclaved.

2nd–3rd degree prolapse **Cystocele**



Shaatz Pessary

The Shaatz pessary is circular with a centre hole and drain. It is indicated for a first to second degree uterine prolapse as well as a cystocele.

1st–2nd degree prolapse **Cystocele** With drain



Cube Pessary

The Cube pessary is shaped like a cube with rounded corners, and each side has a circular suction facet. It is available with or without drainage holes. It is indicated for a third degree uterine prolapse, including procidentia, as well as a cystocele and a rectocele.

3rd degree prolapse **Procidentia** **Cystocele** **Rectocele**

With or without drain



Do not pull the silicone loop to remove the pessary, as this can damage the pessary. The loop helps locate the pessary before removal.



Cup Pessary

The Cup pessary is available with or without membrane. It is used for a first or mild second degree uterine prolapse.

1st – mild 2nd degree prolapse With or without membrane

Dish Pessary

The Dish pessary is shaped like a dish to provide bladder neck support to relieve stress incontinence and minor degrees of prolapse. It is used for a first or second degree uterine prolapse as well as a cystocele, and may also relieve stress urinary incontinence. It is available with or without membrane.

1st–2nd degree prolapse **Cystocele** **Stress incontinence**

With or without membrane

Oval Pessary

The Oval pessary is designed to fit a narrow vaginal vault. It is used for a first to second degree uterine prolapse and can also be used for an accompanying cystocele. It is available with or without membrane.

1st–2nd degree prolapse **Cystocele** With or without membrane

Marland Pessary



The Marland pessary is for moderate to extensive cystocele, as well as providing support for the bladder neck in managing stress incontinence. It is used to relieve the symptoms of a second or third degree uterine prolapse, a cystocele, or a rectocele. It is available with or without membrane.

2nd–3rd degree prolapse **Cystocele** **Rectocele**

Stress incontinence With or without membrane

Gehrung Pessary

The malleable Gehrung pessary with membrane is primarily used for a significant cystocele or rectocele, and may also provide relief for a second or third degree uterine prolapse. It is also more adaptable in cases of procidentia where the uterus tends to herniate when other pessaries are used.

Cystocele **Rectocele** **2nd–3rd degree prolapse** With membrane

Contains a wire coil. Remove before X-ray or MRI.

Hodge Pessary



The Hodge pessary is designed for stress urinary incontinence and for women with a small vaginal introitus. It is commonly used for a first or mild second degree uterine prolapse. It may also relieve a cystocele and stress urinary incontinence. A Hodge pessary with membrane is effective in preventing exercise incontinence. It is available with or without membrane.

1st – mild 2nd degree prolapse **Cystocele** **Stress incontinence**

With or without membrane

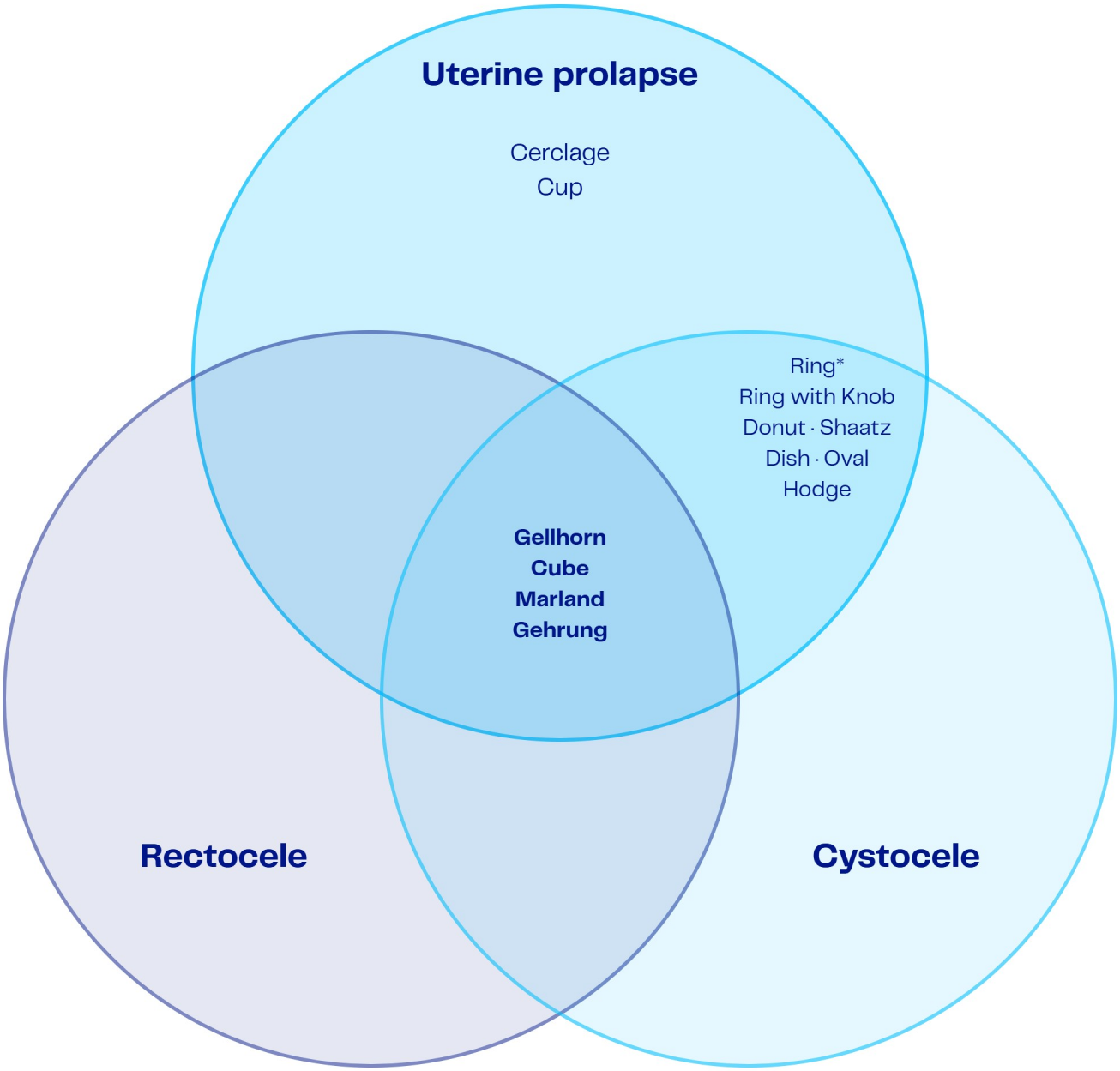
Contains a wire coil. Remove before X-ray or MRI.

Indications at a glance

Pessary	Uterine prolapse	Cystocele	Rectocele	Incontinence
Ring	Mild 1st degree	With membrane		
Ring with Knob	Mild	Mild		Yes
Cerclage	Mild			
Gellhorn / Short Stem	2nd–3rd, procidentia	Yes	Yes	
Donut	2nd–3rd	Yes		
Shaatz	1st–2nd	Yes		
Cube	3rd, procidentia	Yes	Yes	
Cup	1st – mild 2nd			
Dish	1st–2nd	Yes		Yes
Oval	1st–2nd	Yes		
Marland	2nd–3rd	Yes	Yes	Yes
Gehrung	2nd–3rd, procidentia	Yes	Yes	
Hodge	1st – mild 2nd	Yes		Yes

Indications follow the SOLO Pessary Instructions for Use. Pessaries should be fitted by a trained clinician. Always read the Instructions for Use before use.

Which pessary for which condition?



Mild to 2nd degree uterine prolapse

Ring, Ring with Knob, Cerclage, Cup, Shaatz, Dish, Oval, Hodge

2nd to 3rd degree uterine prolapse and procidentia

Gellhorn, Donut, Cube, Marland, Gehrung

*Ring with membrane for an accompanying cystocele. Indications follow the SOLO Pessary Instructions for Use. Pessaries should be fitted by a trained clinician.

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